



Mar Vista Community Council



AGING IN PLACE

Mar Vista Community Council

Thursday, January 19th, 2016

6:00 PM – 7:30 PM

Windward School Boardroom 1030, Building C (by baseball diamond)

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

Agenda

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- **Call to order**
- **Brief Introductions**
- **Motion to approve December minutes**
- **Public comments and announcements:**
 - Short presentation and discussion about potential Senior Tech Lab for Seniors by Windward School
 - MVCC unanimously passed motion opposing the City Council motion that would prohibit adults without children from visiting children's playgrounds in LA City parks. See addendum below. See LA Times article <http://www.latimes.com/local/lanow/la-me-ln-playground-ban-20161230-story.html>
 - Update on Purposeful Aging LA – February meeting will be first listening session – hope to have 30 attendees
 - Submit candidates for future guest presenters
 - Passing of committee member Mark Ambrose
- **New business** – Emilia Crotty with LA Walks (<http://www.losangeleswalks.org/>)- presents on the Safe Routes for Seniors program and campaign, part of the Vision Zero Alliance ([Facebook](#) and [website](#)). We'll review the inspiration for Los Angeles Walks' Safe Routes for Seniors program, an eight-year project undertaken by advocates in New York City that resulted in the institutionalization of the Safe Routes for Seniors program into the work of NYCDOT. She will describe what they have been doing here in LA with a partner senior living facility in Westlake, and what they hope to accomplish. She will also review work that is being done by UCLA researchers into senior mobility.

Old Business

- **Future guest presentations** –
 - a. **February** – Adriana Mendoza – AARP Livable Cities and Purposeful Aging LA listening session

- b. **March - Birgitta Kastenbaum** – the psycho-emotional effects of aging and the awareness of impermanence.
- c. **April** – Bonnie Davis – Senior living advisor. Transitioning to care and changes in homecare. Who pays for what? What funds are available? Why a skilled nursing facility vs. assisted living? How to negotiate for best pricing.

- **Public comments -**
- **Adjourn meeting**

Addendum

To: Councilmember Mitch O'Farrell - councilmember.ofarrell@lacity.org

Cc: Councilmember Mike Bonin - mike.bonin@lacity.org

Councilmember Paul Koretz - paul.koretz@lacity.org

Dear Councilmember O'Farrell,

The Mar Vista Security Council opposes the following motion that would limit adult access to children's playgrounds in Los Angeles Parks:

- "In order to provide for a safe environment in our children's playgrounds, the City should limit access to children and parents or guardians accompanying a child. Other municipalities have adopted similar laws to enhance child safety and provide law enforcement officers and the public with clear regulations as to who may be present in a children's playground. I THEREFORE MOVE that the Office of the City Attorney, with the assistance of the Department of Recreation and Parks, be requested to prepare and present a draft ordinance that limits access to a children's playground within a City park to children and parents or guardians accompanying a child. I FURTHER MOVE that the Department of Recreation and Parks post signage at children's playgrounds subject to the new law. I FURTHER MOVE that the Board of Recreation and Park Commissioners be requested to consider and act on the proposed ordinance."

We respectfully request that:

- The City Council provide evidence that this policy has improved park safety in municipalities that have adopted similar laws.
- The City Council provide a budget showing the cost of implementing signage for this ordinance and
- Advise how the Police Department would support this policy and
- Provide an assessment of the security currently provided in our City Parks

Other communities are expanding park playground areas to support our senior community, and we encourage the City of Los Angeles to do the same

*** PUBLIC INPUT AT NEIGHBORHOOD COUNCIL MEETINGS** – The public is requested to fill out a "Speaker Card" to address the Board on any agenda item before the Board takes an action on an item. Comments from the public on agenda items will be heard only when the respective item is being considered. Comments from the public on other matters not appearing on the agenda that are within the Board's jurisdiction will be heard during the General Public Comment period. Please note that under the Brown Act, the Board is prevented from acting on a matter that you bring to its attention during the General Public Comment period; however, the issue raised by a member of the public may become the subject of a future Board meeting. Public comment is limited to 2 minutes per speaker, unless adjusted by the presiding officer of the Board.

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